

## The Messenger January 2025

Emmanuel Episcopal Church P. O. Box 1028 400 Highland Avenue Coos Bay, OR 97420



## Ring Out, Wild Bells (from In Memoriam) By Lord Alfred Tennyson

Ring out, wild bells, to the wild sky, The flying cloud, the frosty light: The year is dying in the night; Ring out, wild bells, and let him die. Ring out the old, ring in the new, Ring, happy bells, across the snow: The year is going, let him go; Ring out the false, ring in the true. Ring out the grief that saps the mind For those that here we see no more; Ring out the feud of rich and poor, Ring in redress to all mankind. Ring out a slowly dying cause, And ancient forms of party strife; Ring in the nobler modes of life, With sweeter manners, purer laws. Ring out the want, the care, the sin, The faithless coldness of the times: Ring out, ring out my mournful rhymes But ring the fuller minstrel in. Ring out false pride in place and blood, The civic slander and the spite; Ring in the love of truth and right, Ring in the common love of good. Ring out old shapes of foul disease; Ring out the narrowing lust of gold; Ring out the thousand wars of old, Ring in the thousand years of peace. Ring in the valiant man and free, The larger heart, the kindlier hand; Ring out the darkness of the land, Ring in the Christ that is to be.

From A Poem For Every Day Of The Year Edited by Alli Esiri



#### Save the Date:

February 16, 2025 - Parish Annual Meeting and Potluck

Please plan to join us on Sunday, February 16, after the 9:00am service for our annual Parish Meeting. We will be having a potluck brunch so please consider bringing an item to share.

This is also an official invitation for you to pray about whether you are called to serve on Vestry, the leadership council for the parish. Vestry members serve a 3-year term. Vestry obligations include an active faith and participation in the life of the congregation, attending monthly meetings on the third Sunday at 11:00am-12:30pm, and a desire to share in the leadership of Emmanuel Parish. If you think you want to volunteer, let a member of your Vestry know. If you have any questions, feel free to contact Rev. Patti at rev.patti.hale@gmail.com or 541-654-3758.

## From the Human Rights Advocates of Coos County:

WOW, that was awesome. We are so grateful to all our volunteers, sponsors and participants for such a successful event honoring those who have died while homeless and providing support to those who are currently homeless. We could not have done it without you. Thank you!



## Together, We Create Change:

"Every connection strengthens us. Join us as we work to build a Coos County where dignity and compassion are the foundation of our community."



## **Coos Food Cupboard**

Thank you to Emmanuel and our community for all their support in 2024. As you all know, it was a difficult year for many to make ends meet. Without your contributions, we would not have been able to meet those needs. Thank you, Emmanuel, for your generosity and blessings.

Thank you to Sea Breeze Harmony Chorus, Summer Wind Ensemble, and our very own, Al Rumsch, for the amazing concert they held to support the Coos Food Cupboard. In total \$567.00 was raised to help continue our important ministry of feeding the hungry and the food insecure in our community. Thank you!

For the month of January, the food cupboard would appreciate donations of rice and/or oatmeal. Thank you for your continued support of the Coos Food Cupboard.

~submitted by Brian Sullivan



## Gratitude as a Spiritual Practice

A 2-hour Mini-Retreat – online workshop January 11th, 2025 – 1 PM Eastern Presented by: Janet Strickler

Get your New Year off to an inspiring start with this mini-retreat on Zoom. Most of us have heard that a practice of gratitude is supposed to be good for our health and happiness, and even the Bible encourages us to "give thanks in all circumstances," (I Thess 5:18) but many of us have tried that and run out of steam after a few days. Get a fresh start with this fun retreat, in which we'll explore gratitude beyond the usual things we think of being grateful for, and incorporate elements of play, art, poetry, and song.

Janet Strickler is an artist and a Franciscan and has lived in Colorado for nearly all of her life. For over 20 years she has made gratitude an important part of her daily spiritual practice, eventually spending several summers studying with Brother David Steindl-Rast, the founder of gratefulness.org.

Janet is author of *The Little Handbook of Spiritual Practices*, and *Grateful Every Day*; a set of 60 inspiration cards for gratefulness. She was Artist in Residence at St. Stephen's Episcopal Church in Longmont CO for many years, and often has a booth selling her art at General Convention and other church conferences.

This workshop will be video recorded.

Zoom meeting link will be sent to those who register.

Workshop is limited to the first 100 people who join the Zoom meeting the day of the event.

**Register Here:** <a href="https://ecwnational.org/gratitude-as-a-spiritual-practice/">https://ecwnational.org/gratitude-as-a-spiritual-practice/</a>

## For Additional Information:

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Contact Ginny Guzman-Walsh, Chair NECW ZOOM WORSHOPS SERIES ginnygw@icloud.com





## Registration Open for Catechesis 2025 at Trinity Cathedral or Join Us Online

## Jan 8 - May 28, 2025, 7:00 pm - 8:30 pm

Join us on a journey through the Eucharist as we explore both how we worship on Sundays and what Christianity means for our daily lives.

At Trinity, this five-month immersion in scripture, history, worship, and Christian practices is also a chance to learn more about this community of faith—and make friendships that will last a lifetime.

Catechesis is for adults who are seeking one of these Rites\* – *Baptism, Confirmation, Reception into the Episcopal Church, or Reaffirmation of Baptismal Vows* – but some people take the class without seeking any rites at the end. You don't need to decide right away!

\*Don't know what these italicized words mean? That's okay! We will explain them.

We welcome you to come check out the first few classes to see if this is something you would like to spend your winter & spring doing!

## Catechesis is for people:

- New to Christianity
- New to the Episcopal Church
- New to Trinity
- Interested in meeting other people on a similar faith journey.
- Life-long Episcopalians who want to deepen their understanding of how we worship.
- Members of other parishes throughout the Diocese that do not have an adult confirmation class right now.

**Catechesis is hybrid**, offered both in person at Trinity in the Morrison Room and online on Zoom. Details and a link to join via Zoom will be in the confirmation message.

#### When is Catechesis?

- Every Wednesday in the Morrison Room and on Zoom from 7:00pm to 8:30pm. The class runs January 8–May 28.
- No class March 5th, April 16th or 23rd.
- Classes are recorded; if you miss a class, you can still get the content.
- Baptisms will be at the Easter Vigil on Saturday, April 19th.
- Confirmation, Reception and Reaffirmation will be on Trinity Sunday, June 15.
- If you are from a different parish and seeking one of the rites listed above, please contact us and we'll help coordinate the details.

Have more questions? Contact:

Bill Bard: billbits@comcast.net or 503-913-7626

Beth Ferguson: bethferguson801@gmail.com or 801-891-1753

### Register here:

https://onrealm.org/TrinityEpiscopalpdx/PublicRegistrations/Event?linkString=ODF1Y2EyYjUtZjdlMi00YWY5LTg5ZGYtYjIzNDAwMzUyNmZh

Many thanks to our friends at Trinity Cathedral for opening this course to the Diocese!

## The Power of an Invite:

Why people came to church:

6-8% Came by own initiative

8-10% Liked the clergy

3-4% Had a need met by the church

1-2% Were evangelized

75-85% Were invited by a friend

The average is that 83% of people came to church because a friend invited them to come.





Ingrid Sullivan Birthday - January 5

**Chuck Wall Birthday - January 5** 

**Grant Cable Birthday - January 8** 

**Brian Sullivan Birthday - January 15** 

John Whitty Birthday - January 18

**Kathy Bennett Birthday - January 20** 

Fran & Wendy Whitaker Anniversary - January 24

**Grace Hanson Birthday - January 25** 

If you don't see your name(s) on the birthday and anniversaries list, please let Kerri in the office know so we can add you to our parish list. *Thank you!* 

\*\*February Newsletter Submissions Deadline is Friday, January 24th\*\*

# MY PRAYER JOURNAL

TODAYS DATE

MONTH: JFMAMJJASOND
DAY OF THE WEEK: SMTWTHFS

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

GOD, I ASK YOU FOR: SOMETHING GOOD THAT HAPPENED TODAY WAS: I'M THANKFUL FOR: I'M SORRY FOR: SOMETHING NOT SO GREAT HAPPENED TODAY, AND I NEED PRAYERS: A SPECIAL NOTE OR I AM PRAYING FOR: PICTURE FOR GOD: